



Agenda

Manage your:

- Professional self
- Information
- Audience

Your Materials Institute and Feculty of Actuaries Getting Your Message Across David Horley, Head of Capital Solutions, Swiss Re Paul Warden, Consultant, Exec Comm



Survey Results

How others judge you

• Words 7%

• Voice 38%

Non-Verbal 55%



Your Manner at Meetings

- Open
- Involved
- Responsive
- Supportive



Communicating Openness

Focus your eyes

You look:

- Involved
- Trustworthy
- Friendly



Stay Present

Thinking



Internal Loop



External Loop

Be Responsive & Supportive

- Vocally
 - Speak clearly with a conversational tone
- Facially
 - Project interest and empathy
 - Match expression to your words

Project an Involved Posture

- · Place feet on the floor
- Sit with spine straight
- Sit on front 2/3 of chair
- Place hands and forearms apart and above table
- Use gestures to show size, movement, and feelings

Your Telephone Manner

- Speak slowly
- Vary pitch
- Use people's names
- Be enthusiastic
- Smile





What Business Audiences Remember

- Were their questions answered?
- Were you credible?
- Were you clear?



Analyze Your Audience

- Who are they?
- What are their motivations and priorities?
- How do they feel about the topic?
- What questions might they have?

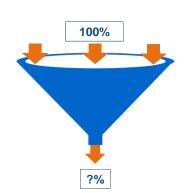
Do Your Homework

- Gather facts
- Collect stories
- Research alternative options



Design Audience-Friendly Visuals

- · Lead with heading
- Use text sparingly:
 - Key word phrases
 - 6 x 6 guideline
- Apply colors and fonts consistently
- Balance text and visuals
- Use separate technical support documents if required



Persuasive Roadmap

Context or Hook

- Problem
- Fact or statistic
- Dramatic image

Recommendation

- Brief
- Specific

Memorable

Benefits

- TimeFeelings
- Money

Proof - Benefit #1

- Facts or
- statistics
- Example or image
- Story

Proof – Benefit #2

- Facts or statistics
- Example or image
- Story

Proof – Benefit #3

- Facts or statistics
- Example or image
- Story

Summary

- Recommendation
- Benefits

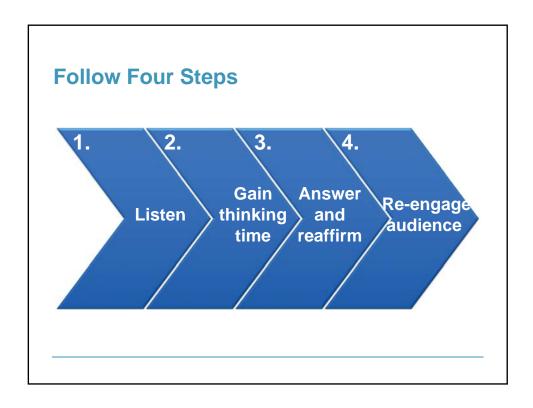
Next Steps

- Who?
- What?
- When?



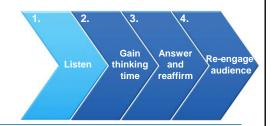






Step 1: Listen

- Focus on the questioner
- Stand or sit in an open position
- Nod gently and lower your chin
- Listen to the entire question



Step 2: Gain Thinking Time



Speaking rate 150 WPM



Thinking rate 10X faster

Thinking Time Techniques

- Repeat
 - Complete or partial
- Rephrase
 - Capture the essence
 - Turn negative into neutral



Thinking Time Techniques

Lead-ins

- Generic
 - "You raise an interesting point."
 - "That's a valid concern."
 - "Thanks for asking."
- Tailored
 - "Timing is important to all of us."
 - "We've also thought about next steps."
- Successful lead-ins require variety and sincerity

Step 3: Answer and Reaffirm

- Respond with 2-3 sentences
- Connect to key messages
- Stand or sit still
- Use expressive body language



Step 4: Re-Engage the Audience

- Ask for next question or perspective:
 - "Other questions?"
 - "How does that sound?"
 - "What are your thoughts?
- Pause for a response
- Involve key decision makers
- Thank and conclude



Summary

Manage your:

- Professional self on the phone or in person
- Information less can be more
- · Audience Q&A

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Comments

Expressions of individual views by members of the Institute and Faculty of Actuaries and its staff are encouraged.

The views expressed in this presentation are those of the presenter.

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Tell a Hero Story

- True story
- Work or home
- When someone said thank you



Assessing Your Manner Exercise

- Form groups of three
- Tell hero story
 - Speaker projects open, friendly manner
 - Listeners count and raise hand at 5 seconds
- Receive feedback and switch
 - Eyes
 - Posture
 - Gestures
 - Voice, face

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