

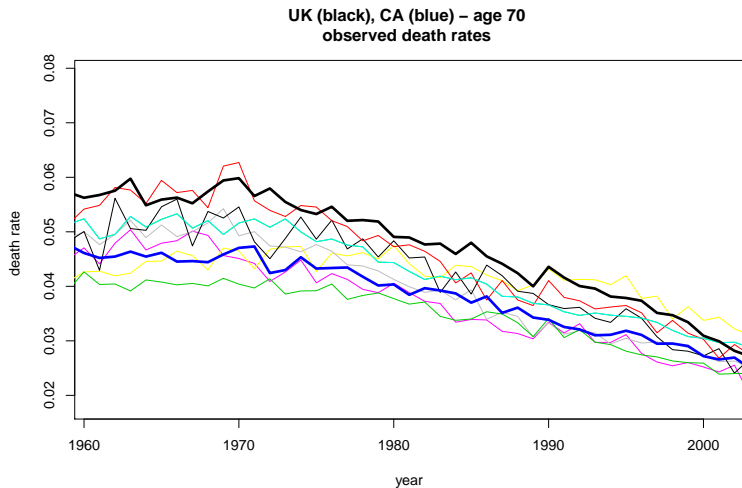
# Mortality and Smoking Prevalence

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joint work with Andrew J.G. Cairns  
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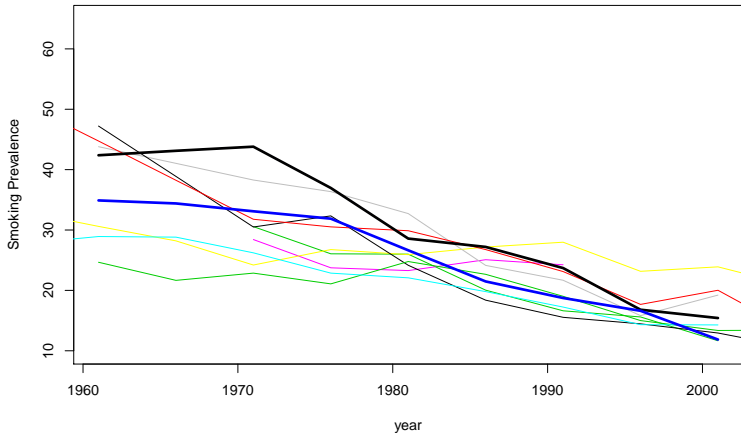
Emerging trends in mortality and longevity symposium 2011

# Mortality



# Smoking

UK (black), CA (blue) – age 70  
observed smoking prevalence



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# Mortality Models for Multiple Populations

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Consider  $k$  different populations (countries).

For each country  $i$ , time  $t$  (calendar year) and age  $x$  we observe

$D_i(t, x)$ : Number of deaths,

$E_i(t, x)$ : Exposure-to-risk

$m_i(t, x) = D_i(t, x)/E_i(t, x)$ , death rate

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Core Hypothesis, Li & Lee (2005), Cairns et al. (2011): For all ages  $x$  and all  $i$  and  $j$ :

$$m_i(t, x)/m_j(t, x) \not\rightarrow \infty \text{ for } t \rightarrow \infty$$

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# Covariates

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Covariates influencing individual life expectancy and disability-free life expectancy:

- ▶ life style (obesity, smoking, alcohol consumption, physical exercise, ...)
- ▶ socio-economic variables (income, wealth, Housing tenure, education, ...)
- ▶ genetic factors?

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Can these covariates be used to model country specific mortality rates?

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Example: Smoking prevalence



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## Available data

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What we observe:

- ▶ death rates ([www.mortality.org](http://www.mortality.org)), “1×1-table”
- ▶ smoking prevalence (International Smoking Statistics, P N Lee Statistics and Computing Ltd)  
there are different definitions (total cigarettes, manufactured cigarettes, any tobacco products), and different frequencies (age groups and year groups)  
based on surveys, different organisations focus on different age groups

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What we do not observe:

- ▶ death rates for smokers and non-smokers, separately
- ▶ Cessation data
- ▶ “1×1-table”, in general, prevalence data are only available for age groups

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# Smoking and Mortality - British Doctors

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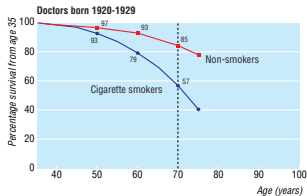
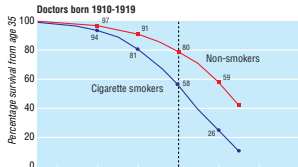
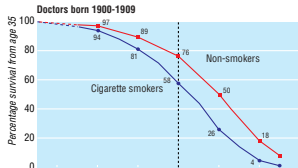
R. Doll, R. Peto, J. Boreham and I. Sutherland: “Mortality in relation to smoking: 50 years’ observations on male British Doctors”

- ▶ 34,439 British doctors,
- ▶ data about smoking habits was first obtained in 1951 and then periodically thereafter
- ▶ mortality was monitored for 50 years

Main results:

- ▶ substantial decrease in the mortality rates of non-smokers
- ▶ survival rates from age 35 for smokers are the same for cohorts born between 1900 to 1930, for non-smokers these survival rates have increased substantially

# Smoking and Mortality - British Doctors



Source: R. Doll, R. Peto, J. Boreham and I. Sutherland: "Mortality in relation to smoking: 50 years' observations on male British Doctors"

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# Smoking and Mortality

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For each country  $i$ , time  $t$  and age  $x$  we define

$D_i(t, x)$ : Number of deaths,  
 $D_i^N(t, x)$ ,  $D_i^S(t, x)$  for non-smokers, smokers (not  
observed)

$$D_i(t, x) = D_i^N(t, x) + D_i^S(t, x)$$

$E_i(t, x)$ : Exposure-to-risk

$m_i(t, x) = D_i(t, x)/E_i(t, x)$ ,  
 $m_i^N(t, x)$ ,  $m_i^S(t, x)$ , death rates

$s_i(t, x)$ : Smoking prevalence, in  $[0, 1]$ ,  
the number of smokers is  $s_i(t, x)E_i(t, x)$

We do not distinguish between life-long non-smokers and non-smokers who used to smoke.

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## Smoking and Mortality

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$$\begin{aligned}D_i(t, x) &= D_i^N(t, x) + D_i^S(t, x) \\ &= m_i^N(t, x)[1 - s_i(t, x)]E_i(t, x) + m_i^S(t, x)s_i(t, x)E_i(t, x)\end{aligned}$$

where

$$\begin{aligned}m_i^N(t, x) &= \frac{D_i^N(t, x)}{[1 - s_i(t, x)]E_i(t, x)} \\ m_i^S(t, x) &= \frac{D_i^S(t, x)}{s_i(t, x)E_i(t, x)}\end{aligned}$$

We obtain

$$m_i(t, x) = \frac{D_i(t, x)}{E_i(t, x)} = m_i^N(t, x) + [m_i^S(t, x) - m_i^N(t, x)]s_i(t, x)$$

# Smoking and Mortality

Modelling assumptions:

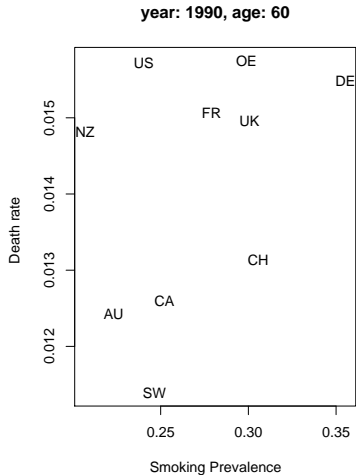
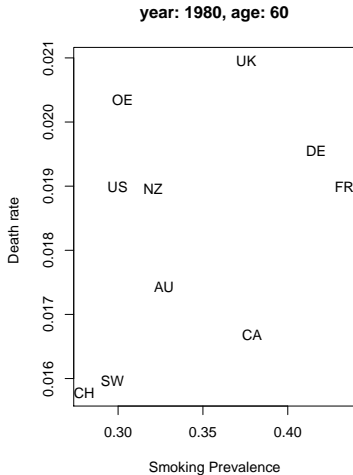
- ▶ Smoking prevalence has the same effect on mortality rates in all observed countries.
- ▶ Non-smokers' mortality in country  $i$  is the sum of general non-smokers' mortality and a "country effect"

$$m_i(t, x) = \mathbf{m}^N(\mathbf{t}, \mathbf{x}) + [\mathbf{m}^S(\mathbf{t}, \mathbf{x}) - \mathbf{m}^N(\mathbf{t}, \mathbf{x})]s_i(t, x) + C_i(t, x)$$

where  $C_i(t, x)$  is a country specific effect.

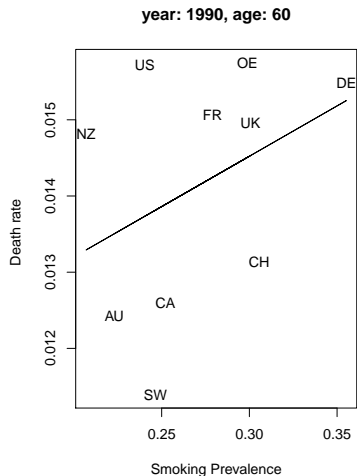
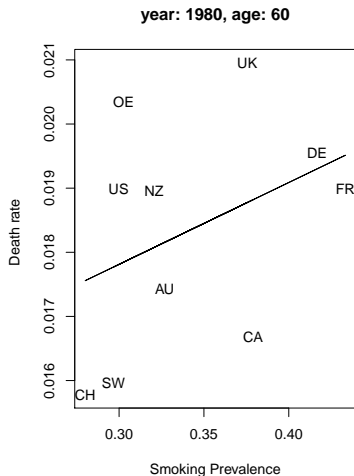
First aim: Estimate  $\mathbf{m}^N(\mathbf{t}, \mathbf{x})$  and  $\mathbf{m}^S(\mathbf{t}, \mathbf{x})$ .

# Smoking and Mortality





# Smoking and Mortality



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## Simplifying Assumptions

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$$m_i(t, x) = m^N(t, x) + [\mathbf{m}^S(\mathbf{t}, \mathbf{x}) - m^N(t, x)]s_i(t, x) + C_i(t, x)$$

Motivated by the findings for British doctors, we assume that there is:

**no improvement in smokers' mortality rates**

$$m^S(t, x) = m^S(x)$$

$$m_i(t, x) = m^N(t, x) + [\mathbf{m}^S(\mathbf{x}) - m^N(t, x)]s_i(t, x) + C_i(t, x)$$

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## Constant smoker's mortality over time

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Least-Square Estimation for a fixed age  $x$ :

$$\begin{aligned} \text{MSE}_x(m^S, m^N) &= \sum_t \sum_i (C_i(t, x))^2 \\ &= \sum_t \sum_i \left( m_i(t, x) - m^N(t, x) - [m^S(x) - m^N(t, x)] s_i(t, x) \right)^2 \end{aligned}$$

Note:  $m^N = (m^N(1, x), \dots, m^N(T, x))$

Choose  $m^S, m^N$  such that

$$\text{MSE}_x(m^S, m^N) \longrightarrow \min$$

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## Constant smokers' mortality over time

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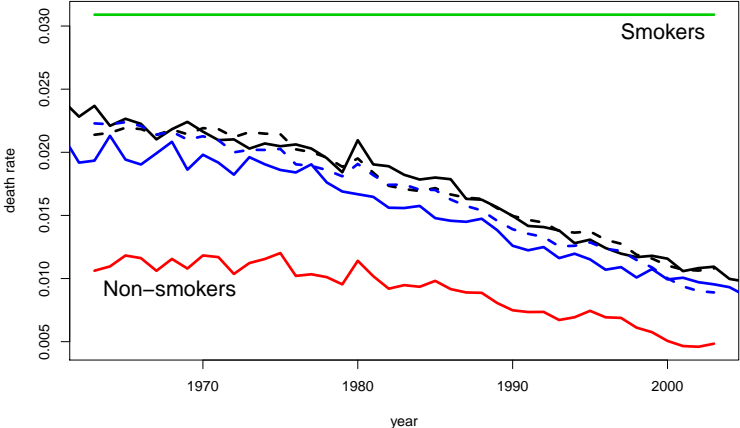
Explicit solution for fixed age  $x$  is the solution of the following linear system of equations:

$$m^S = \frac{1}{\sum_t \sum_i s_i^2(t)} \sum_t \sum_i s_i(t) \underbrace{\left[ m_i(t) - m^N(t)(1 - s_i(t)) \right]}_{m^S s_i(t) + C_i(t)}$$

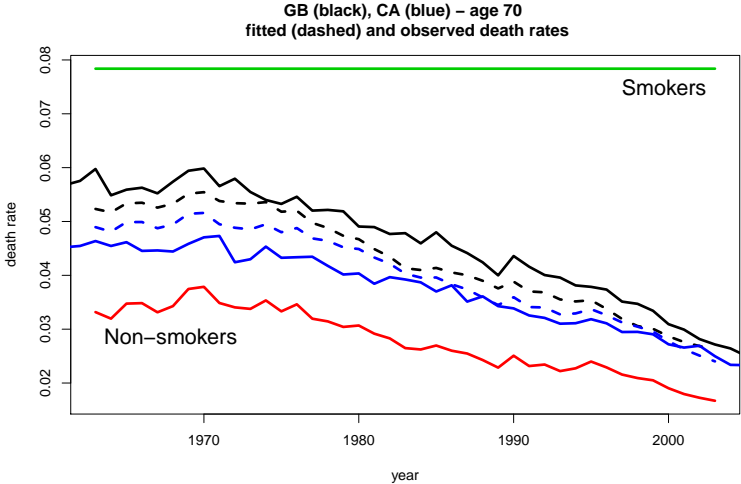
$$m^N(t) = \frac{\sum_i (1 - s_i(t)) m_i(t)}{\sum_i (1 - s_i(t))^2} - m^S \frac{\sum_i (1 - s_i(t)) s_i(t)}{\sum_i (1 - s_i(t))^2}$$

# Constant smokers' mortality over time

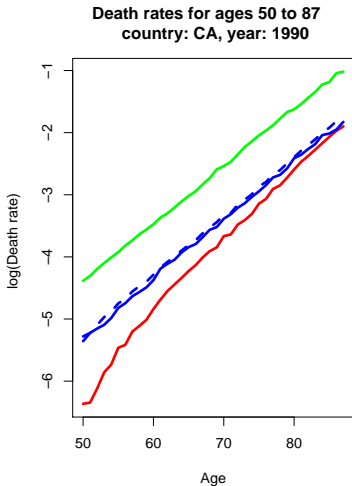
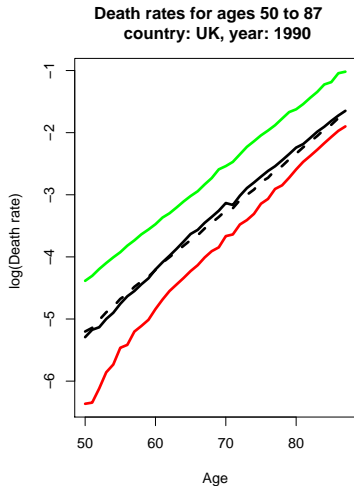
GB (black), CA (blue) – age 60  
fitted (dashed) and observed death rates



# Constant smokers' mortality over time

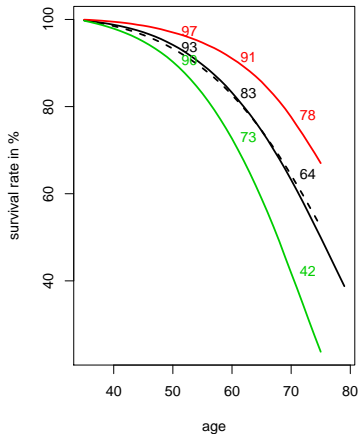


# Constant smokers' mortality over time

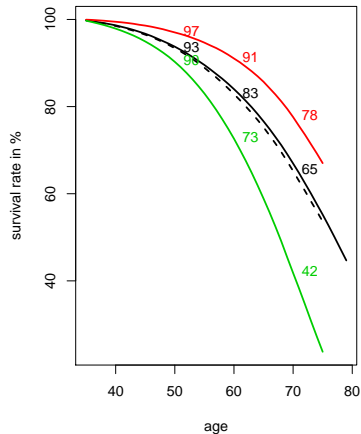


# Comparison with British Doctors

Survival from age 35 in 1961 – UK  
born in 1926



Survival from age 35 in 1961 – CA  
born in 1926





## Comparison with British Doctors

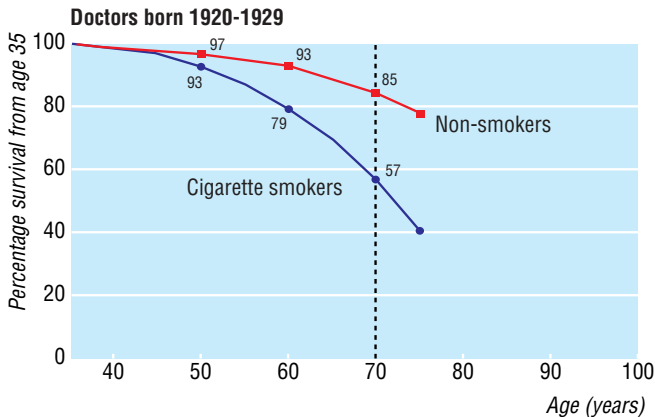


Figure: Source: R. Doll, R. Peto, J. Boreham and I. Sutherland: "Mortality in relation to smoking: 50 years' observations on male British Doctors"

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# Modelling the Country effect

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Model for  $m_i(t, x)$ :

$$m_i(t, x) = m^N(t, x) + [m^S(x) - m^N(t, x)]s_i(t, x) + C_i(t, x)$$

“Core Hypothesis”

$$m_i(t, x)/m_j(t, x) \not\rightarrow \infty \text{ for } t \rightarrow \infty$$

Since  $m^S(x)$  is constant over time, the core hypothesis can only be fulfilled if  $m^N(t, x) \rightarrow K(x) > 0$ .

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# Modelling the Country effect

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Since we consider a covariate (smoking) we change the core hypothesis to:

For any  $i \neq j$  and any fixed age  $x$  holds:

$$s_i(t, x) = s_j(t, x) \forall t \quad \Rightarrow \quad m_i(t, x)/m_j(t, x) \not\rightarrow \infty$$

for  $t \rightarrow \infty$

If the smoking prevalence is the same in any two countries in all future years, then the mortality rates should not diverge.

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## Scenarios

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We can now investigate the effect of smoking on survival rates. With the estimates obtained earlier we consider

$$m_i(t, x) = m^N(t, x) + \mathbf{0.75} [m^S(x) - m^N(t, x)] s_i(t, x)$$

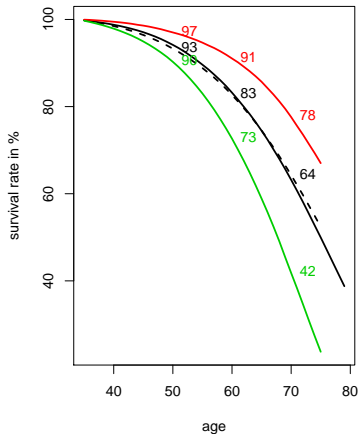
for the cohort aged 35 in 1961.

Rate of survival to age  $x > 35$  for the cohort aged 35 in 1961:

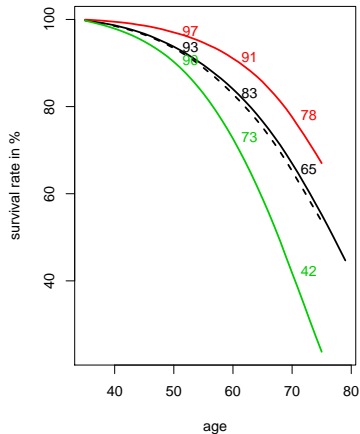
$$\mathcal{S}(x, 1961, 35) = \prod_{j=1}^{x-35} \left( 1 - m_i(1961 + j, 35 + j) \right)$$

# Scenarios

Survival from age 35 in 1961 – UK  
born in 1926

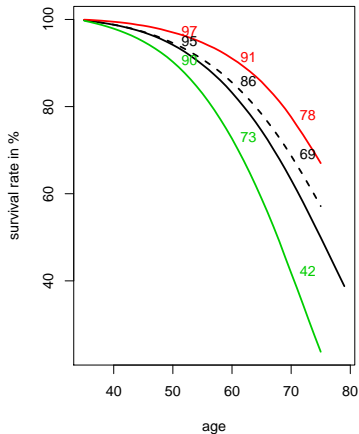


Survival from age 35 in 1961 – CA  
born in 1926

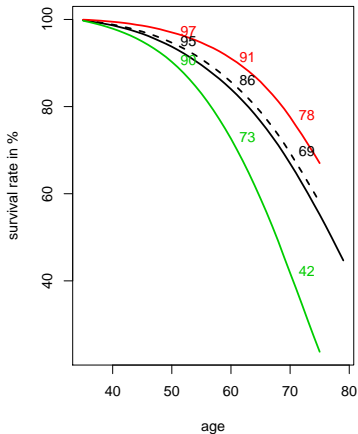


# Smoking Prevalence reduced by 25%

Survival from age 35 in 1961 – UK  
born in 1926



Survival from age 35 in 1961 – CA  
born in 1926



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## Concluding remarks

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- ▶ there is empirical evidence that smoking prevalence can be used to model death rates for entire countries and explain differences in country-specific mortality rates
- ▶ there are also other country-specific factors that have an impact on mortality
- ▶ there is only one “trend” component (non-smokers’ mortality) in our model
- ▶ we require an assumption about the relationship between mortality rates of smokers and non-smokers when no cessation data are available
- ▶ the assumption of constant smokers’ mortality rates is very strong, and other assumptions should be investigated