

Institute and Faculty of Actuaries

# **Getting started with negotiation**

Joanna Gaudoin Inside Out Image 1<sup>st</sup> December 2016



### To help you consider when you might need to negotiate and how to be an effective negotiator





### Joanna Gaudoin









- 1. Negotiating context
- 2. Challenges
- 3. Preparing
- 4. During
- 5. Concluding thoughts
- 6. Q&A





# **1. NEGOTIATING CONTEXT**





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### A process whereby an agreement is attempted to be reached regarding a common interest, in a situation where views and specific interests differ.





### Not expected but hoped for!

### Co-operation is always required.





#### Where negotiation is encountered & who needs to negotiate













### Negotiation more required than ever

Ways of working have changed

### What are likely negotiation situations at work?





### You need to think about it









### Two key considerations









### **2. CHALLENGES**





#### **1. P**EOPLE

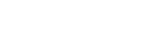
#### 2. COMMUNICATION

#### **3.** DIFFERENT VIEWS

#### 4. GETTING ENGAGEMENT

5. FEAR





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- What do people ultimately want?
- Relationship status (and number)
- Emotion
- Differing values







### **Different perspectives**







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- Method
- Assumptions
- Language mismatch









- Previous experience
- Different wants
- Starting point







- Getting to the right person
- Reducing any emotion
- Listening





- Of not getting what we want
- Challenging person/people along the way
- Upsetting someone

Don't avoid a negotiation, if it's needed. People expect it.





## **3. PREPARING**





### What sort of situation can you prepare for?





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### Essential

- When you can
- However....







- 1. Produce a wise agreement if agreement is possible
- 2. Be efficient
- 3. Improve or at least not damage the relationship





- What do you actually want to achieve?
- What is the motivation behind that?
- How can you express that in the clearest possible terms?
- What can you accept and what can't you?
- Relative power/relationship
- Outcome effects/alternatives
- Mindset: you + x vs. problem (and possible options to solve)





- Who with?
- Method?
- Propose the starting point





### Power – lack of dependence on others

3 types:

- Alternative to an agreement not an issue
- Position
- Psychological power





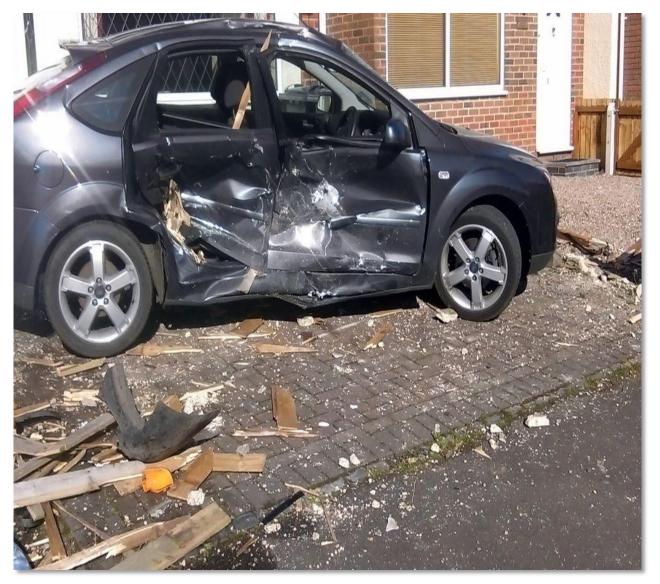
### The other perspective

- What is their position?
- What is their view/interest?
- Who is 'behind the scenes'?
- Points of commonality?





### Possible responses





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### Difficult questions & perspective

- Practice with a friend:
  - What you've not thought of
  - Responses to your points/proposals
  - Getting used to the situation and thinking flexibly







## 4. DURING





- Greeting
- Seating position
- Setting the tone
- Starting conversation

Be tough on the problem, not the person







### **Business** exit





# Why focus on the problem rather than personal positions from the start?





### The focus

- People don't feel heard
- Doesn't encourage understanding
- Presents a feeling of rigidity





#### Relating to one another

- Listen and articulate
- Clarify what they are saying if you have any doubt
- Play back
- Acknowledge
- Truth vs. effect
- Emotions/poor behaviour





- Open questions
- Consider other person's suggestions
- Partners not adversaries





- Conceding •
- Gaps
- Double conceding
- Trade

**Remember the two** considerations!

- Initial or 'can't refuse' offer...
- Not just "No"



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# What could these be? Think about a desired salary increase...





# **5. CONCLUDING THOUGHTS**





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- Positivity
- Win-win
- Confirming
- Deliver what you promised as part of the negotiation





### 6. THANK YOU & QUESTIONS





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